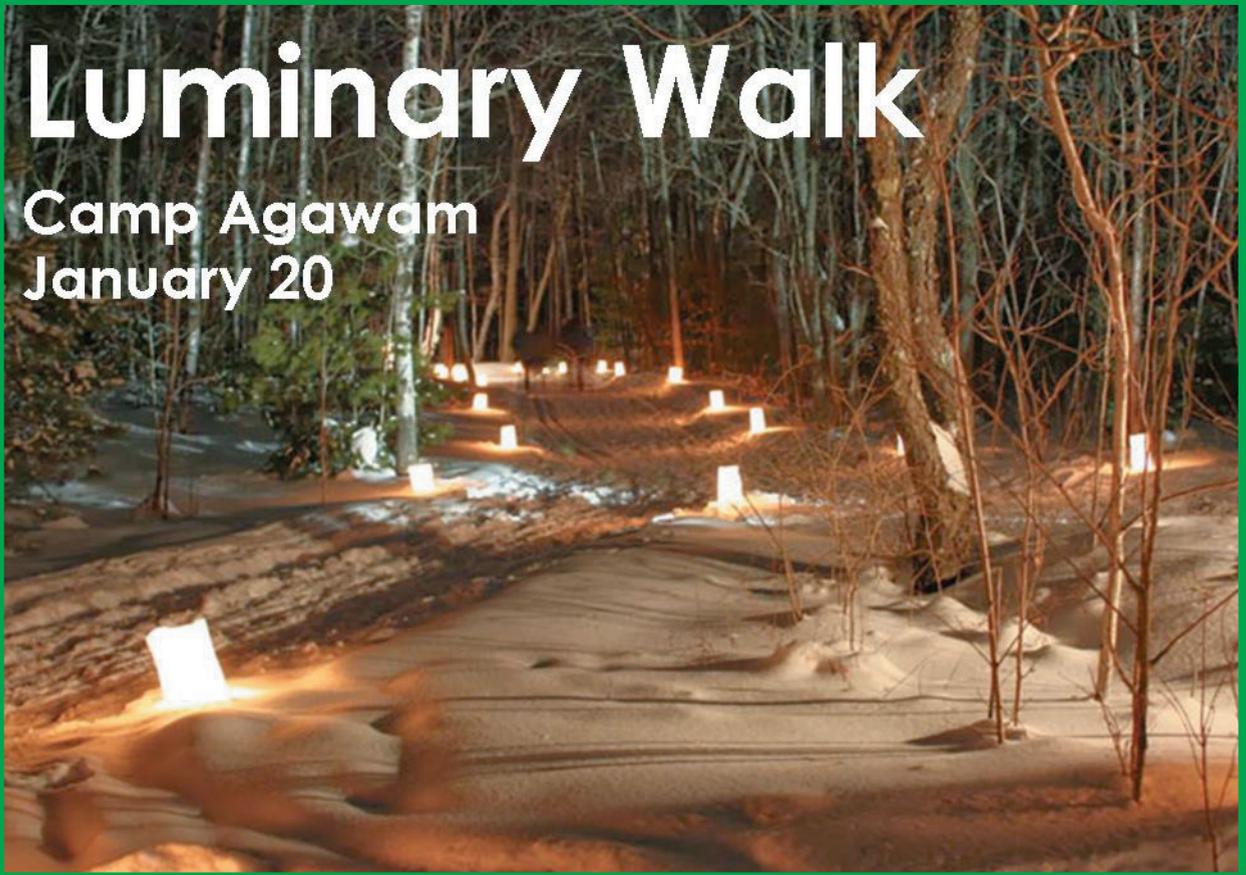




Orion Township *Outreach*

Luminary Walk

Camp Agawam
January 20



Winter 2017

Community Information • Senior Services
Special Events • Recreation Programs
Parks & Facilities

COMMUNITY PROGRAMS DEPARTMENT SPECIAL EVENTS

Phone: (248) 391-0304, Ext. 305 • Register On-Line at www.oriontownship.org

Scrapbooking Crop

Baby its cold outside so stay indoors and join us for our annual 12 Hour Scrapbooking Crop and crop until you drop! Registration fee includes; 6ft tables, Continental Breakfast, box lunch and the flavors of Italy Dinner. Snacks and drinks will be available all day in the spacious and well-lit Orion Center. Door prizes and raffles with event partner Scrapping Paws.

Code	Day(s)	Date(s)	Time	Age
2000.111	Sa	Jan 28	9:00 am-9:00 pm	12+

Location: Orion Center, Banquet Rooms

Fee: \$45

Luminary Walk

Join the Community Programs Staff at this NEW family friendly event. The trails at Camp Agawam will be lit with hundreds of luminaries as groups are lead on guided night hikes to visit story tellers along the way. Wonder about the universe while storytellers regale participants with stories related to this year's theme; Constellations. Head back to Alberici to enjoy hot coco and light snacks. This event will take place in the elements, so be sure to dress for the weather.

Day(s)	Date(s)	Time	Age
F	Jan 20	6:00-8:00 pm	4+

Location: Camp Agawam, Alberici Lodge

Fee: \$5/vehicle



Toy & Comic Expo

Join us for our first annual Toy & Comic Expo. Buy, sell or trade comic books, collectables and memorabilia! Vendor set up opens at 8:30 am. Spaces are limited. Parking & Admission is Free.

Code	Day(s)	Date(s)	Time
2000.115	Sa	Feb 11	10:00 am-5:00 pm

Location: Orion Center, 1335 Joslyn Rd

Seller Fee: \$25 per table

Closet Clean-Out

Indoor Community Garage Sale

Your favorite community garage sale has moved indoors! Stay warm and dry indoors, bring it in, use our space to sell, sell, sell. Don't worry about the weather, making signs, putting them out or people parking on your grass. We do all the work for you! Household items only, no wholesalers please. We supply the table, chair and advertising. All merchandise is limited to your table so be sure to purchase adequate space! Any unsold merchandise must be removed at conclusion of the sale by the owner. Vendor set up opens at 8:30 am. Spaces are limited.

Code	Day(s)	Date(s)	Time
2000.104	F	Feb 17	10:00 am-2:00 pm

Location: Orion Center, 1335 Joslyn Rd

Seller Fee: \$12 per table

Bunny Bop

Spring is in the air! Hop on over to the Orion Center for a photo visit with a special bunny, refreshments, craft projects an egg hunt with toys and candy stuffed eggs and a few other surprises. Bring your own basket for filling with candy and prizes. Youth will be broken down by age for equal opportunity hunting for all. Pre-registration required, spaces are limited! Egg hunt will be held indoors in the event of inclement weather. Don't forget your camera! Walgreens will be on site to capture the moment, optional photo purchase available. Children in carriers and adults with registered participant are free.

Code	Day(s)	Date(s)	Time	Age
2500.170	Sa	Apr 8	10:00-11:00 am	1-8
2500.171	Sa	Apr 8	11:30 am-12:30 pm	1-8

Location: Orion Center, 1335 Joslyn Rd

Fee: \$10

Orion Center Blood Drive

The Orion Center and Michigan Blood are partnering to organize a Blood Drive. Michigan Blood supports patients and families where you live, work and play in Michigan. Any healthy person 17 or older who weights at least 110 pounds may be eligible to donate. The need for blood among our Michigan hospitals is urgent. Be a part of the solution. Registration required on line at www.miblood.org. Call for more information 248-391-0304 ext. 301.

Code	Day(s)	Date(s)	Time	Age
5000.401	Th	Jan 19	2:00-7:00 pm	17+

Location: Orion Center, Meeting Room B & C

COMMUNITY PROGRAMS DEPARTMENT SPECIAL EVENTS

Phone: (248) 391-0304, Ext. 305 • Register On-Line at www.oriontownship.org



TR Adaptive Dance

Special need and individuals with disabilities ages 15+ and older are invited to an evening of music, dancing, and light refreshments at the Orion Center, 1335 Joslyn Rd in Orion Township. Pre-registration preferred, walk-ins are welcome. Chaperones are free.

Code	Day(s)	Date(s)	Time	Age
2100.120	Th	Feb 2	6:00-8:00 pm	15+

Location: Orion Center, 1335 Joslyn Rd

Fee: \$8

26th Annual Tree & Shrub Fundraiser

ReLeaf Michigan, a 501 c 3 non-profit tree planting organization, will sell 4-6 feet (depending on species) bare root trees & shrubs for spring planting. The shrubs are 1-2 ft and Evergreens are containerized and are approx. 1 1/2 ft. Spring is a great time to plant trees & shrubs. Orders will be accepted now-April. On-line ordering and complete species and prices will be available in January through our website www.releafmichigan.org. Tentative tree pick up will be at Friendship Park on April 30.

5K Dragon Dash

Whether you run or walk, join us for the Annual Dragon Dash! This annual tradition welcomes in the Spring training season with a 5K certified course beginning and ending at the Orion Center following the Polly Ann Trail south toward Civic Center Park to kick off your outdoor exercise ritual. Awards presented to the overall top male and female participant, masters division (50+) as well as the top three male and female runners in each age division. Participant must be present to accept award. All levels of runners and walkers are invited, from beginner to competitive.

- Date: Sun, May 21
- Start/Finish: Orion Center, 1335 Joslyn Rd
- Times: 7:30 am Registration Opens
9:00 am Race Starts
- Divisions: 13 & under, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55- 59, 60-64, 65-69, 70+
- Course: Race will begin and end at the Orion Center, 1335 Joslyn Road, and follow the Polly Ann Trail. Certified course map available at www.oriontownship.org
- Race Shirt: Shirts must be ordered at time of registration, before April 15 and can be picked up after May 10 in the Orion Center. Shirts in limited sizes and amounts will be available on race day.
- Cost: \$25, includes long sleeve shirt if ordered before April 15
\$15, race only, does not include shirt
\$10, student discount (under 18), does not include a shirt
- Results: Race will be computer scored and posted at www.oriontownship.org Want the race results in a hurry? Include your email address with your registration and results will be promptly emailed to you.



Toy &
Comic
Expo

Saturday Feb 11

10:00 am-5:00 pm

FREE ADMISSION &
PARKING

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For field closures and other cancellations check our Hotline, 248.393.7040, cancellations.com or Facebook site, Orion Township Community Programs.

COMMUNITY PROGRAMS DEPARTMENT YOUTH ENRICHMENT

Phone: (248) 391-0304, Ext. 305 • Register On-Line at www.orientownship.org

Beginner Horse Back Riding Lessons

Give your child the experience they have been dreaming of. Each lesson consists of basic grooming, riding and horse care for beginner riders in the English Saddle style. All riders are required to wear long pants and hard sole shoes with 1 inch heel. Looking for that special time with your child? Take lessons together. A maximum of 5 riders per class, classes fill quickly. Register early for a rewarding and unforgettable experience. Lessons are available Mon-Fri evenings and Saturday and Sunday afternoons, call Paula at 248.431.0940 to confirm availability.

Code	Day	Date(s)	Time	Age
1090.100	Su	Jan 15-Feb 19	1:00-2:30 pm	7+
1090.101	Su	Mar 5-Apr 9	1:00-2:30 pm	7+

Location: Time Square Riding Academy,
4835 Oakwood Rd Ortonville 48462
Fee: \$150; 6 wks

Babysitter Training

Instructor Merry Lewis presents the skills needed to start your own babysitting business - basics such as meeting the family, setting appointments, age appropriate activities and safety instruction. Handouts are included. Completion card presented upon completion of the workshop. Program incorporates the American Red Cross guide and video into the curriculum. Suggested pre-requisite class: Home Alone Training.

Code	Day(s)	Date(s)	Time	Age
1760.100	M	Mar 13	6:00-8:30 pm	11-14

Location: Orion Center, Multipurpose Room
Fee: \$19

Home Alone Training

Will your young teen be staying home alone this season? Prepare yourself and your child for this new adventure with Home Alone Training. Instructor Merry Lewis presents the skills your child will need to be home alone safely. Includes walking home, key responsibility, securing the house, answering the phone, safe choices, and emergency procedures. Training follows the American Red Cross Curriculum. Completion card is presented upon completion of the workshop. Hand-outs are included.

Code	Day(s)	Date(s)	Time	Age
1750.100	M	Mar 6	6:30-7:30 pm	9-14

Location: Orion Center, Multipurpose Room
Fee: \$17



Little Medical School – Part 1

Little Medical School brings medicine, science, and the importance of health to children in an entertaining, exciting and fun way. Our goal is to inspire children to pursue careers in healthcare. Through hands-on demonstrations, roleplay, crafts, and games, kids learn how the body and organs work, how to use instruments that real doctors use, and how to tie knots like a real surgeon. Small classes ensure individual attention. Students will learn how the heart functions, how the body digests food, and much more! Each child will also receive a real stethoscope and diploma upon completion of the course. Lessons are developed by a team of board certified physicians and meet STEM objectives. For more information, visit www.littlemedicalschool.com/detroit. \$20 material fee due to the instructor at the first class.

Code	Day(s)	Date(s)	Time	Age
1760.150	Sa	Jan 14-Feb 18	10:00-11:00 am	Grade K-5

Location: Friendship Park, Meeting Room
Fee: \$90; 6 wks

Little Veterinarian School

Brought to you by the creators of Little Medical School, Little Veterinarian School encourages children to explore the exciting world of veterinary medicine. Students learn the importance of proper pet nutrition, learn how to care for stitches, how to check for ticks, how to administer medication, and learn about their pet's immune system and vaccinations. Students take home their stuffed dog and receive a diploma when they graduate at the end of the 6-week course. For more information, visit www.littlemedicalschool.com/detroit. \$20 material fee due to the instructor at the first class.

Code	Day	Date(s)	Time	Age
1760.155	Sa	Jan 14-Feb 18	11:00 am-12:00 pm	Grade K-5

Location: Friendship Park, Meeting Room
Fee: \$90; 6wks

COMMUNITY PROGRAMS DEPARTMENT YOUTH ENRICHMENT
Phone: (248) 391-0304, Ext. 305 • Register On-Line at www.orientownship.org

Off Road Vehicle Safety Course

Open to persons of all ages, but is required for students under 16 years of age who wish to operate an ORV (ATV, motorcycle or related 2-wheel, 3-wheel, or 4-wheel vehicle). To earn your DNR ORV Safety Certificate Card, students must attend 7 hours of instruction and pass a written exam. Students 10 years and under must be accompanied by an adult. Pre-Registration is required!
 Instructor: Chuck Comstock.

Code	Day(s)	Date(s)	Time	Age
1500.211	M & W	Apr 24 & 26	5:30-9:00 pm	12+

Location: Friendship Park, Meeting Room
 Fee: \$20



Boating Safety Course

Open to persons of all ages. This DNR Course is designed to teach you how to be a safe and responsible boater. Class covers basic fundamentals: boat maintenance, personal watercraft and boat operation, legal requirements of boating, personal preparedness and survival skills. After passing the required test, those 12 years and older are given Boating Safety Certificate Cards. Persons born after 12/31/78 are required by law to have this card in their possession while operating a personal watercraft on State of Michigan waterways. Students 8-10 must be accompanied by an adult. Pre-registration is required. Instructor: Chuck Comstock

Code	Day(s)	Date(s)	Time	Age
1500.311	M & W	May 1 & 3	5:30-9:00 pm	12+
1500.312	Tu	Jun 20	9:00 am-4:00 pm	12+

Location: May Class: Friendship Park, Meeting Room
 June Class: Orion Center, 1335 Joslyn Rd
 Fee: \$20

COMMUNITY PROGRAMS DEPARTMENT YOUTH SPORTS & FITNESS
Phone: (248) 391-0304, Ext. 305 • Register On-Line at www.orientownship.org

Orion Girls Softball League

The OGSL consists of three divisions based on the age groups below. All girls must be of age on or before January 1. Lake Orion residency is not a requirement so girls from neighboring communities are welcome. Clinic ages 5-8; Coach Pitch. Intermediate ages 9-11; Machine & Fast Pitch. Junior ages 12-14; Fast Pitch. Walk-in registration will take place Saturday, February 11 from 10:00 am-2:00 pm. Practices will begin the week of April 10. The season will end at the Tournament on June 24.

Code	League	Age
9000.200	Clinic	5-8
9000.201	Intermediate	9-11
9000.202	Junior	12-14

Location: Civic Center Park, Friendship Park
 Fee: Resident \$120, Non-Resident \$140;
 \$50 late fee for registrations after March 10.



For field closures and other cancellations check our Hotline, 248.393.7040, cancellations.com or Facebook site, Orion Township Community Programs.

COMMUNITY PROGRAMS DEPARTMENT ADULT ENRICHMENT

Phone: (248) 391-0304, Ext. 305 • Register On-Line at www.oriontownship.org

Native American Flute Circle

Bring your flute, a friend, and join us in a facilitated flute circle. Share rhythm in a fun, family friendly setting. Participants take turns playing both solo and together in a unique event created by the participants. Flute Circle is not instructional. All levels of play are welcome.

Code	Day(s)	Date(s)	Time	Age
1400.110	F	Jan 20, Feb 17, Mar 17	7:00-8:30pm	10+

Location: Friendship Park, Meeting Room

Fee: \$5

Cheese Making

Impress your friends and family with a homemade dish including fresh mozzarella made in your own kitchen. Join Johnny from Hopman's in Waterford as he walks you through the steps to make fresh mozzarella and ricotta. Each participant will go home with about a pound of cheese. All supplies included in the cost of class. Additional equipment will be available for purchase after class from the instructor.

Code	Day(s)	Date(s)	Time	Age
1010.156	Th	Mar 2	6:30-8:00 pm	18+

Location: Orion Center, Dining Room A

Fee: \$30

Natural Red Essentials

Join Lake Orion native, Karen Guilmette, as she shows the class how to make her famous body scrub. Karen is the owner of Natural Red Essentials, all natural body care products. Make your New Year's Resolution to live a healthier life in 2017. A good place to start is eliminating toxic chemicals from your daily life. Karen will show you how to make your own body scrub that will leave your skin feeling smooth and moisturized. It's a perfect product to protect your skin during a Michigan winter.

Code	Day(s)	Date(s)	Time	Age
1010.157	M	Jan 9	6:30-8:30pm	14+

Location: Orion Center, 1335 Joslyn Rd

Fee: \$23

ONTV Orientation Nights

Come and learn what Orion Neighborhood Television is all about and how you can be a part of it. All area residents are welcome. Call 248-693-3377 for additional information. RSVP is preferred but not required.

Day(s)	Date(s)	Time	Age
M	Jan 9	6:30-7:30 pm	13+
M	Feb 27	6:30-7:30 pm	13+

Location: ONTV Studio, 1349 Joslyn Rd.

Fee: FREE

ONTV Video Production Classes

Have you ever wondered how to make a studio television show? Join ONTV at these unique classes and you will learn how to operate cameras, learn audio techniques, and perform as Director. Participants will also learn how to make an off-site shoot and basic editing with Adobe Premier Pro 6. Classes are one day a week for 5 weeks. Call 248-693-3377 for additional information. Registration is required.

Day(s)	Date(s)	Time	Age
M	Jan 16-Feb 13	7:00-9:00 pm	13+
M	Mar 6-Apr 3	7:00-9:00 pm	13+

Location: ONTV Studio, 1349 Joslyn Rd.

Fee: \$10 for residents; \$25 for non-residents



For field closures and other cancellations check our Hotline, 248.393.7040, cancellations.com or Facebook site, Orion Township Community Programs.

COMMUNITY PROGRAMS DEPARTMENT ADULT ENRICHMENT

Phone: (248) 391-0304, Ext. 305 • Register On-Line at www.oriontownship.org

VIP Total Fitness

Now is the time to get fit, build confidence, improve coordination, feel great and look your best, physically, mentally and spiritually. Don't let your age or fitness level be a barrier to good health as you train at your pace.

Dennis James and VIP Team of Wellness experts will guide you to Living a Healthy Lifestyle! Men, women, friends and family now experiencing 4 programs that can be utilized in your daily living! Our flexible schedule lets you choose your level of either once a week or twice a week:

- Wk 1&2 Dance: Cardio, Dance steps, Stretching, Toning
- Wk 3&4 Self Defense: Cardio, Basic Punching, Kicking Techniques, Strength & Stretching
- Wk 5&6 Yoga: Stretching, Toning, & Meditation using the breath and body *

• Wk 7&8 Nutrition: Understanding how foods and supplements function in the body, toxin awareness
 * Bring a yoga mat, waterbottle and wear comfortable clothes. Make this your New Year's Resolution for 2017. No excuses, take action to look and feel great!

Code	Day(s)	Date(s)	Time	Age
1520.110	Tu & Th	Jan 10-Mar 2	6:00-7:00 pm	18+

Location: Tuesday @ Friendship Park, Meeting Room
 Thursday @ Orion Center, Fitness Room
 Fee: \$78 Tu or Th (once weekly); 8 wks
 \$138 Tu & Th (twice weekly); 8 wks

VIP Couple Dancing

No more sitting around watching and wishing. You will be ready to step out on the dance floor with confidence at your next special occasion, wedding, or party you attend. Learning with Dennis James is fun and easy as you learn new dances and technique. He will be covering these dances: Swing, Foxtrot, Cha Cha, Rumba and Waltz. Put some dance in to your life, burn some calories and feel great! Enroll now with friends and family and make this your New Year's resolution for 2017!

Code	Day(s)	Date(s)	Time	Age
1520.108	Th	Jan 12-Mar 2	7:00-8:00 pm	18+

Location: Orion Center, Fitness Room
 Fee: \$89 per couple; 8 wks

Michigan Concealed Pistol License Class

This is a minimum of an eight-hour course with a minimum of 5 hours in the classroom and another 3 hours of shooting instruction at a local range. Students should expect to shoot approximately 100 rounds of ammunition. Students will learn basic defensive shooting skills, strategies for home safety and responding to a violent confrontation, firearms and the law, how to choose a handgun for self-defense, and continued opportunities for skill development. This course is for law-abiding adult citizens that are experienced shooters. This course satisfies the requirements for training to apply for the Michigan concealed pistol license. Class time is held from 9:00 am-3:00 pm at the Orion Center in Orion Township, Range time is held from 10:00 am-1:00 pm at Williams Indoor Range in Davison. Both classes must be attended. Call Orion Township Community Programs for additional information at 248.391.0304 x305 or visit www.familyft.com for additional information.

Code	Day(s)	Date(s)	Time	Age
1500.199	Sat	Feb 4	9:00 am-3:00 pm & 10:00 am-1:00 pm	21+
	Sun	Feb 5		

Location: Orion Center & Williams Indoor Range
 Fee: \$125



For field closures and other cancellations check our Hotline, 248.393.7040, cancellations.com or Facebook site, Orion Township Community Programs.

COMMUNITY PROGRAMS DEPARTMENT ADULT ENRICHMENT

Phone: (248) 391-0304, Ext. 305 • Register On-Line at www.oriontownship.org

Skywarn 2017

The Orion Center will be hosting the National Weather SKYWARN presentation on April 10th, from 7:00-8:30pm. This presentation may help give you an understanding of what Mother Nature has in store for you during weather alerts. Registration is required. For more information, call Anna at 248.391.0304 ext. 301

Code	Day(s)	Date(s)	Time	Age
5200.400	M	Apr 10	7:00-8:30 pm	18+

Location: Orion Center, 1335 Joslyn Rd
 Fee: FREE

Orion Center and AARP Tax Preparations

AARP is coming back to the Orion Center to do your taxes. Must be a senior age 50+. AARP has trained volunteers that will prepare your Federal and State tax returns. Preparers start on Monday, February 6th, until Monday, April 10th, by appointment only. Please adjust your schedule to be here at least 2.5 hours. Registration for appointments starts December 1, 2016. NO ONLINE REGISTRATIONS. YOU MUST CALL THE OFFICE TO MAKE YOUR APPOINTMENT. MEMBERSHIPS NOT REQUIRED TO HAVE YOUR TAXES DONE. NO APPOINTMENTS AVAILABLE ON FEBRUARY 20th.

Day(s)	Date(s)	Time	Age
M	Feb 6-Apr 10	9:00 am-12:30 pm	50+

Location: Orion Center, Meeting Rooms B & C
 Fee: Donations accepted

Got Drugs?

Turn in your unused or expired medication for safe disposal



Take Back Prescription Day

The Orion Center, Oakland County Sheriff's Office and the Lake Orion Police Department are encouraging the community to drop off their expired and unused prescriptions to help promote a safe and healthy way of life for our community. All pills must be in plastic or paper bags. Call the Orion Center for more information.

Day(s)	Date(s)	Time	Age
F	Feb 17	10:00 am-2:00 pm	50+

Location: Orion Center, Orion Room

Grandparents Raising Grandchildren

Grandparents Raising Grandchildren is an informative meeting where you will receive support information to help guide you through these changing times. Registration is required.

Code	Day(s)	Date(s)	Time	Age
3555.114	Tu	Jan 24	10:00 am-12:00 pm	50+

Location: Orion Center Room C
 Fee: FREE

Boating Safety Course

M & W May 1 & 3 5:30-9:00 pm OR Tu Jun 20 9:00 am-4:00 pm



DNR Course covers basic fundamentals: boat maintenance, personal watercraft and boat operation, legal requirements of boating, personal preparedness and survival skills. After passing the required test, those 12 years and older are given Boating Safety Certificate Cards.

Fee: \$20 See page 27 for more information



For field closures and other cancellations check our Hotline, 248.393.7040, cancellations.com or Facebook site, Orion Township Community Programs.

COMMUNITY PROGRAMS 50+ TRIPS

Phone: (248) 391-0304, Ext. 305 • Register On-line at www.oriontownship.org

**AARP will again sponsor
tax preparations
at the Orion Center.**

**We are taking appointments starting
December 1, 2016
Please call for more information.
248-391-0304 ext. 301
Preparers start
Monday, February 6th 2017, 9-12pm
(no appointments February 16th)
Appointments will end April 10, 2017**



Holiday Light Tour

Come join us to see the bright lights of Christmas. A holiday tradition for all our Senior members. Have a pizza dinner, provided by the Friends of Orion Center Seniors. We will be traveling through Lake Orion, Rochester, Clarkston, and Oxford, with a stop at Culvers for a sweet treat on the way back. Membership and pre-registration are required.

Code	Day(s)	Date(s)	Time	Age
7107.402	M	Dec 5	5:30-8:45 pm	50+

Location: Orion Center, 1335 Joslyn Rd
Fee: \$8

Federal Reserve Bank Tour

The Orion Center will be visiting the Detroit branch of the Federal Reserve Bank. Come learn about the distribution of our currency with a tour. We will be stopping for lunch (your cost). Membership required. Because of security all tours must have the completed roster in by February 6th. Please get your registration in early

Code	Day(s)	Date(s)	Time	Age
5100.100	M	Feb 16	9:30 am-3:30 pm	50+

Location: Orion Center, 1335 Joslyn Rd
Fee: \$18

Parade Company Tour

Venture into the magical ParadeLand and experience a behind the scenes look at America's Thanksgiving Day Parade. Learn more about the Parade's fascinating history, explore the 200,000 square-foot storyland of floats and see how the award-winning artisans bring them to life. We will be stopping for lunch (at your cost). Registration and membership required.

Code	Day(s)	Date(s)	Time	Age
7098.100	Tu	Jan 24	9:00 am-3:00 pm	50+

Location: Orion Center, 1335 Joslyn Rd
Fee: \$24

Historical Meadow Brook Hall Tour

Join us for a historical tour of the National Historic Landmark, Meadow Brook Hall. The tour will provide insight into local history that has had an international impact, making this estate unlike any place you have seen before.

Code	Day	Date	Time	Age
5305.100	Tu	Mar 14	9:15 am-12:30 pm	50+

Location: Orion Center, 1335 Joslyn Rd
Fee: \$20

**Breakfast at
Tiffany's Tea**

January 7th
11:30-2:30 pm **\$18**

Enjoy brunch,
tea and treats
as we view the
movie
**Breakfast at
Tiffany's.**

For field closures and other cancellations check our Hotline, 248.393.7040, cancellations.com or Facebook site, Orion Township Community Programs.

COMMUNITY PROGRAMS 50+ SPECIALTY LUNCHEONS

Phone: (248) 391-0304, Ext. 305 • Register On-line at www.oriontownship.org



Holly Holiday Luncheon

The Lake Orion High School Singers will be back again this year. Come join us as we celebrate this joyous season with friends and members, Santa will be stopping by to say "Ho, Ho, Ho". Come enjoy the singing and dancing of our young adults at the Orion High School Choir. Membership and pre-registration is required, spaces are limited. Registration deadline is December 11, 2016.

Code	Day(s)	Date(s)	Time	Age
5546.401	W	Dec 14	12:00-1:30 pm	50+

Location: Orion Center, Meeting Room B & C
 Fee: \$6

Reindeer Luncheon

Come join us as we celebrate the holidays with the Orion Oaks Elementary Students. Let's celebrate with song and fun as we have lunch with our young students. Pre-registration is required.

Code	Day(s)	Date(s)	Time	Age
5015.100	M	Dec 6	12:00-1:00pm	50+

Location: Orion Center, Meeting Room B & C
 Fee: \$6

Lunch with Chuck Austin, Michigan State Representative

Come have lunch with Chuck Austin and learn about the changes that are taking place in Michigan. This informative luncheon will be filled with valuable information and good eats. Membership and pre-registration is required.

Code	Day(s)	Date(s)	Time	Age
5305.111	W	Jan 18	12:00-1:30 pm	50+

Location: Orion Center, Meeting Room B & C
 Fee: \$6

Breakfast at Tiffany's Tea

Join us for Breakfast at Tiffany's. Wear black or turquoise and glam it up with pearls!! Enjoy brunch, tea and treats as we view the movie Breakfast at Tiffany's starring Audrey Hepburn and George Peppard, filmed in 1961 from a book written by Truman Capote. The story is about Holly Golightly, a naive eccentric socialite, who lives in New York, who falls for her neighbor Paul, who is a writer. She can be seen window shopping at Tiffany's while she eats breakfast pastries. The movie won two Academy Awards for best Original Score and Best Song "Moon River" by Henry Mancini. Hepburn was nominated for Best Actress. Membership and pre-registration is required.

Code	Day(s)	Date(s)	Time	Age
5000.001	Sa	Jan 7	11:30 am-2:30 pm	50+

Location: Orion Center, Meeting Room B & C
 Fee: \$18

Sock Hop Luncheon

Come have fun at our first Sock Hop at the Orion Center. This specialty luncheon will be filled with fun, great food dancing and music from the 50's and 60's. Dust off your saddle shoes and poodle skirts and come have fun with us at the Orion Center. Membership and pre-registration is required.

Code	Day(s)	Date(s)	Time	Age
5546.122	W	Mar 15	12:00-1:30 pm	50+

Location: Orion Center, 1335 Joslyn Rd
 Fee: \$6

Sock Hop Luncheon
March 15

12:00–1:30pm \$6.00



For field closures and other cancellations check our Hotline, 248.393.7040, cancellations.com or Facebook site, Orion Township Community Programs.

COMMUNITY PROGRAMS DEPARTMENT ADULT FITNESS & WELLNESS

Phone: (248) 391-0304, Ext. 305 • Register On-line at www.oriontownship.org

Hatha Yoga Gentle Class

In this gentle yoga class you will learn the foundational poses of yoga and begin to experience all the wonderful benefits. Gentle stretches to help increase flexibility and strength in the body, breathing and relaxation techniques to help to calm the mind. Please bring a yoga mat, strap and firm blanket with you to class. **Discount is only available with on-site registration, not available with on-line registration, and if registering for both sessions on the same receipt. No class Feb 20

Hatha Yoga Gentle Class- Free Trial Class

Code	Day(s)	Date(s)	Time	Age
1500.121	M	Jan 23	5:45-6:45 pm	18+

Location: Orion Center, Fitness Room
 Fee: Free, registration required

Code	Day(s)	Date(s)	Time	Age
1500.141	M	Jan 30-Feb 27	5:45-6:45 pm	18+
1500.142	M	Mar 6-27	5:45-6:45 pm	18+

Location: Orion Center, Fitness Room
 Fee: \$40; 4 or \$76 for both sessions**

Hatha Yoga Continuing Class

In this Hatha yoga class, we will review the foundational poses learned in the Gentle class and continue to explore different styles of yoga each week, to help to open the flow of energy throughout the body. For example, we will explore yin yoga, where the poses are held for a couple of minutes to help to open the meridians and connective tissue. Another week we will explore Yang yoga - exploring breath and movement and gently flowing thru yoga asanas. Each class will include meditation and relaxation. Please bring a yoga mat, strap and firm blanket. **Discount is only available with on-site registration and if registering for both sessions on the same receipt. No class Feb 20

Hatha Yoga Continuing Class- Free Trial Class

Code	Day(s)	Date(s)	Time	Age
1500.123	M	Jan 23	7:00-8:15 pm	18+

Location: Orion Center, Fitness Room
 Fee: Free, registration required

Code	Day(s)	Date(s)	Time	Age
1500.143	M	Jan 30-Feb 27	7:00-8:20 pm	18+
1500.144	M	Mar 6-27	7:00-8:20 pm	18+

Location: Orion Center, Fitness Room
 Fee: \$40; 4 wks or \$76 for both sessions**

Hatha Yoga Open Class

Learn the foundational yoga postures and then we will continue each week to explore asanas to open, strengthen and restore. Please bring yoga mat, strap and firm blanket to class. Class is available to beginning and continuing yoga students. **Discount is only available with on-site registration and if registering for both sessions on the same receipt.

Hatha Yoga Open Class- Free Trial Class

Code	Day(s)	Date(s)	Time	Age
1500.124	Th	Jan 19	10:00-11:15 am	18+

Location: Orion Center, Fitness Room
 Fee: Free, registration required

Code	Day(s)	Date(s)	Time	Age
1500.145	Th	Jan 26-Feb 23	10:00-11:15 am	18+
1500.146	Th	Mar 2-30	10:00-11:15 am	18+

Location: Orion Center, Fitness Room
 Fee: \$50; 5 wks or \$95 for both sessions**

Hatha Yoga with Ease

This class is geared for the young at heart for those over 55. Have you been afraid to try yoga because you have limited movement and think that yoga is putting your body into a pretzel shape? Come join us as we continue to explore gentle stretches to bring flexibility into your body, strengthen your muscles and relax your mind. Through the support of chairs and props you will explore yoga with ease. There will be some floor work but you will have the option of using a chair. Please bring a yoga mat to class.

Hatha Yoga with Ease Class- Free Trial Class

Code	Day(s)	Date(s)	Time	Age
1500.122	Th	Jan 19	1:00-2:00 pm	40+

Location: Orion Center, Fitness Room
 Fee: Free, registration required

Code	Day(s)	Date(s)	Time	Age
1500.147	Th	Jan 26-Feb 23	1:00-2:00 pm	40+
1500.148	Th	Mar 2-30	1:00-2:00 pm	40+

Location: Orion Center, Fitness Room
 Fee: \$35; 5 wks

All Yoga classes are taught by Suzanne Albert of Heartfelt Yoga, teacher of 20+ years and Registered Yoga teacher with Yoga Alliance. She is a member of the Yoga Association of Greater Detroit and has studied Integrative Yoga Therapy with Joseph Lepage. She completed yoga teacher training with Michael Johnson of Clearlight Yoga Shala. She also is a certified Massage Therapist with specialized training in Oncology massage and is a Healing Touch Practitioner.

COMMUNITY PROGRAMS DEPARTMENT ADULT FITNESS & WELLNESS

Phone: (248) 391-0304, Ext. 305 • Register On-line at www.oriontownship.org

Zumba Gold and Toning Free Class

Try it before you buy it! All participants do need to register for the class and reserve their space. Spaces are limited, registration is free and can be completed in person, by mail, drop box or by phone. Call the Orion Center at 248.391.0304 Ext 305.

Code	Day(s)	Date(s)	Time	Age
1540.126	W	Jan 18	9:30-10:15 am	40+

Location: Orion Center, 1335 Joslyn Rd

Zumba Gold

Zumba Gold is a Latin inspired cardio workout, incorporating dances such as the merengue, salsa, cumbia, belly dancing and more! This class is different from regular Zumba in that it provides more verbal instruction to better learn the moves and is done at a slower pace. Great class for someone new to exercise or someone hesitant to try the regular Zumba. You will have so much fun dancing, you will forget you're working out! It's exercise in disguise! **Discount is only available with on-site registration and if registering for two or more sessions on the same receipt.

Code	Day(s)	Date(s)	Time	Age
1540.111	M	Jan 23-Feb 13	9:30-10:30 am	40+
1540.112	M	Mar 6-27	9:30-10:30 am	40+

Location: Orion Center, 1335 Joslyn Rd

Fee: \$35; 4 wks register for both sessions for \$64



Zumba Gold Toning

This class is tailored for active older adults, who want to focus a little more on muscle conditioning and light weight activity. Zumba® Gold Toning blends the Zumba® party you love at a slower pace with a redefining total body workout using Zumba® Toning Sticks (1 lbs. weights recommended, no more than 3 lbs.) to shake up those muscles! Walk in ready to have a blast and tone up, leave exhilarated and empowered! Just want to dance without using the weights? No problem! Come to class for the same Zumba fun without using the weights. and enjoy the party! **Discount is only available with on-site registration and if registering for both sessions on the same receipt.

Code	Day(s)	Date(s)	Time	Age
1540.113	W	Jan 25-Feb 15	9:30-10:30 am	40+
1540.114	W	Mar 1-22	9:30-10:30 am	40+

Location: Orion Center, 1335 Joslyn Rd

Fee: \$35; 4 wks register for both sessions for \$64

Tai Chi for Health

In these sessions we will begin to learn the principles of Tai Chi as well as part one of the form. Those of you who are experienced will explore a little deeper into the principles. The last 15-20 minutes of each class we will slowly add part two of the form. No need for anyone to be intimidated, everyone will be encouraged to work at your own level... with awareness! As we continue to grow in our Tai Chi journey we will engage all major joints in gentle, mindful movements. The health benefits include stress reduction, improved balance, strength, flexibility and fall prevention as well as an overall improvement in fitness level and improved self-esteem. The most important benefit is to bring awareness and application of the Tai Chi principles into your everyday activities. Tai Chi is progressive and done in sessions. Register today and commit to enriching your health through Tai Chi, one breath at a time!

Code	Day(s)	Date(s)	Time	Age
1530.104	W	Jan 11-Feb 8	11:00 am-12:00 pm	40+
1530.105	W	Mar 1-29	11:00 am-12:00 pm	40+

Location: Orion Center, Fitness Room

Fee: \$43; 5 wks register for both sessions for \$80

For field closures and other cancellations check our Hotline, 248.393.7040, cancellations.com or Facebook site, Orion Township Community Programs.

COMMUNITY PROGRAMS DEPARTMENT ADULT FITNESS & WELLNESS

Phone: (248) 391-0304, Ext. 305 • Register On-line at www.oriontownship.org

Fit 4 Baby

Fit4Baby® is a prenatal fitness program that teaches women how to exercise safely and effectively throughout their pregnancy. The 60-minute class is interval based, combining elements of strength training, cardiovascular exercises, stretching and stability. Enjoy some moments of peaceful meditation at the end of class, allowing you special time to connect with your baby. Fit4Baby is targeted for women at all stages of their pregnancy.

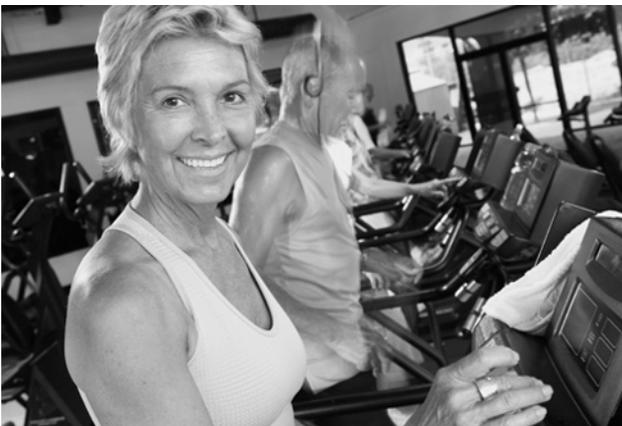
Our prenatal Fit4Baby classes are offered in 6-week sessions. Classes meet on Monday and Thursday inside the pavilion at Friendship Park. Contact katieacker@fit4mom.com to enroll.

Exercise Room at the Orion Center

A great place to exercise! Hours: Mon-Fri 9:00 am-4:00 pm. Closed daily during lunch from 12:30-1:30 pm. Starting January 2017, you must be 60 or older with a membership to the Orion Center to use the Exercise Room.

Code	Day(s)	Date(s)	Time	Age
8016.112	M-F	Dec	9:00 am-4:00 pm	62+
8016.121	M-F	Jan	9:00 am-4:00 pm	60+
8016.131	M-F	Feb	9:00 am-4:00 pm	60+
8016.130	M-F	March	9:00 am-4:00 pm	60+

Location: Orion Center, 1335 Joslyn Road
 Fee: \$6 per month residents
 \$12 per month non-residents



Swim at the Lake Orion Natatorium

Great exercise workouts that will make you feel young again. Have fun in the water as you work-out with Amy and Anne. Check with the instructor for cancellation dates.

Day(s)	Date(s)	Time	Age
MWF	Jan 9-Mar 29	9:15-10:00 am	50+
MW	Jan 9-Mar 29	10:30-11:15am	50+
Sa	Jan 28- Mar 25	8:45-9:30 am	50+

Location: Lake Orion High School Natatorium
 Call the Natatorium to register for these classes
 248.814.1715

Stay Strong Exercise Class

This class meets every Wednesday. Learn stretching and exercises from a chair. An energizing way to start your day. Membership and pre-registration required. Late registration accepted.

Code	Day(s)	Date(s)	Time	Age
3500.112	W	Jan 4-Mar 15	10:00-11:00 am	50+

Location: Orion Center, Fitness Room
 Fee: \$7

Beaumont

BEAUMONT HEALTH SERIES

Come join us on Thursday nights at 6:00 pm for Beaumont Senior Health Works. Cindy will share valuable information to you, so you can make healthy decisions. Check for new dates and titles coming soon.

Advance Stability

Did you take Matter of Balance Class with Cindy and the Beaumont Team? Look for the next series of classes called Advanced Stability, coming this spring.

Matter of Balance

This club will meet every Monday for 6 weeks in the Beaumont Room. Come exercise with Beaumont and the Beaumont Team. Membership and pre-registration is required. NO CLASS FEBRUARY 20th

Code	Day(s)	Date(s)	Time	Age
3053.113	M	Jan 23-Mar 20	1:30-3:30 pm	50+

Location: Orion Center, Wellness Room
 Fee: FREE

COMMUNITY PROGRAMS 50+ CLUBS

Phone: (248) 391-0304, Ext. 305 • Register On-line at www.oriontownship.org Phone: (248) 391-0304,

Orion Senior Band

Come join us at the Orion Center for this great new club. Under the Direction and music provided by George Sinnott, we will create the Orion Senior Band. Join us for this fun new club. All levels will be accepted. Pre-registration and memberships required.

Code	Day(s)	Date(s)	Time	Age
3502.113	Th	Jan 12-Mar 30	10:00 am-12:00 pm	50+

Location: Orion Center, Game Room A

Fee: FREE

Ask the Attorney

Our Attorney Dana Wilson will come and talk to you about your legal needs. Call the Orion Center and make your appointment today. Membership and pre-registration required.

Day(s)	Date(s)	Time	Age
M	Jan 9	Appointments start at 1:00 pm	50+
M	Mar 13	Appointments start at 1:00 pm	50+

Location: Orion Center, Orion Room

Fee: FREE, Members ONLY

Alzheimer Support Group

This group meets the 3rd Wednesday of the month. Facilitator for the Alzheimer's group is Judy Shirley with the Alzheimer's Association. Hear how others are meeting the challenges. Respite Care provided. Learn what resources are available to help you. You do not have to be a member to attend.

Day(s)	Date(s)	Time	Age
W	Dec 19	1:00-2:30 pm	50+
W	Jan 18	1:00-2:30 pm	50+

Location: Orion Center, Multipurpose Room

Fee: FREE

Afternoon Movie Club

This club meets the 2nd and 4th Monday of the month at 1:00 pm. Come watch some great movies with us. Bring a friend. Popcorn will be ready for you. Call for upcoming movie schedule. Membership and pre-registration required.

Code	Day	Date	Time	Age	Movie
3556.455	M	Dec 12	1:00 pm	50+	The Christmas Cottage
3556.133	M	Jan 9	1:00 pm	50+	Casablanca
3556.155	M	Jan 23	1:00 pm	50+	Gypsy Rose Lee
3556.156	M	Feb 13	1:00 pm	50+	Lucille Ball Show

Location: Orion Center, Multipurpose Room

Fee: FREE

K4 Knitters/ Crochet Club & Charity Knitters

This group gets together to work on projects for charity. We work on lap blankets that are donated to our local veterans in need. Stop by and find out what we are working on. Coffee will be waiting for you. Membership and pre-registration required. Yarn donations accepted.

Code	Day(s)	Date(s)	Time	Age
3501.113	M	Jan 9-Mar 20	12:30-3:30 pm	50+

Location: Orion Center, Game Room

Fee: FREE

Ham Radio Club

This club meets every Monday and Thursday night of the month from 6:00-9:00 pm. Ham radio allows people to wirelessly talk across the globe. Learn how to get started. Membership and pre-registration required.

Code	Day(s)	Date(s)	Time	Age
3510.112	M & Th	Jan 5-Mar 27	6:00-9:00 pm	50+

Location: Orion Center, Ham Radio Room

Fee: FREE



For field closures and other cancellations check our Hotline, 248.393.7040, cancellations.com or Facebook site, Orion Township Community Programs.

COMMUNITY PROGRAMS 50+ CLUBS

Phone: (248) 391-0304, Ext. 305 • Register On-line at www.orientownship.org Phone: (248) 391-0304,

Bingo

Have fun with your friends and play bingo. Cards and chips provided. Come play a card or two with the members of the Orion Center. Bring your nickels to win. Also on the first Tuesday of each month bring your quarters and dimes to win. Membership and pre-registration required.

Code	Day(s)	Date(s)	Time	Age
3516.111	Tu	Jan 3-Mar 28	10:00-11:45 am	50+
3517.111	Tu	Jan 3-Mar 28	12:45-2:45 pm	50+

Location: Orion Center, Game Room
 Fee: FREE

Painting Club

Come join fellow artists! Relax and work on your projects in the Orion Center. This no-pressure atmosphere will allow you to work on your pieces at your own pace while enjoying the company of others with the same passion of painting. Membership and pre-registration required.

Code	Day(s)	Date(s)	Time	Age
3072.212	Tu	Jan 3-Mar 28	10:00 am-2:00 pm	50+

Location: Orion Center, Art Room
 Fee: \$5

Open Card Club

This club will meet on Wednesdays and Thursdays in our game room. Come meet new friends and play. Membership and pre-registration required.

Code	Day(s)	Date(s)	Time	Age
3512.101	W & Th	Jan 4-Mar 30	1:00-3:30 pm	50+

Location: Orion Center, Game Room
 Fee: FREE

Dinner Club

Dinner Club is held at area restaurants. We meet on the 2nd Wednesday of the month. So we may make the reservations, membership and pre-registration required.

Code	Day	Date	Time	Age	Location
3560.404	W	Dec 14	4:00 pm	50+	Longhorn Steak House
3560.105	W	Jan 14	4:00 pm	50+	Leo's Coney
3560.110	W	Feb 8	4:00 pm	50+	Lockhart BBQ

Location: Meeting at area restaurants
 Fee: Your cost for dinner

Open Needle Craft Club

Meet with friends and create or just finish your projects. This club will help you with your most difficult needle projects. Bring a friend and your needles. Membership and pre-registration required.

Code	Day(s)	Date(s)	Time	Age
3502.101	Th	Jan 5-Mar 30	12:30-3:30 pm	50+

Location: Orion Center, Art Room
 Fee: FREE

Spanish Language Club

Come meet with friends and discover something new. Our longtime instructor, Norm Gilbert, will work with you on conversational skills you need to know. Membership and pre-registration required.

Code	Day(s)	Date(s)	Time	Age
3508.131	Th	Jan 5-Mar 30	1:00-3:00 pm	50+

Location: Orion Center, Multipurpose Room
 Fee: FREE



For field closures and other cancellations check our Hotline, 248.393.7040, cancellations.com or Facebook site, Orion Township Community Programs.

COMMUNITY PROGRAMS MEMBER TRIPS

Phone: (248) 391-0304, Ext. 305 • Register On-line at www.oriontownship.org

Open Game Day

Meet with friends and discover one of the many new games in our game room. Come play Scrabble, Cribbage and other games. Membership and pre-registration required.

Code	Day(s)	Date(s)	Time	Age
3509.122	F	Jan 6-Mar 31	12:30-3:30 pm	50+

Location: Orion Center, Art Room
 Fee: FREE

Quilting Club

Meet with friends and discover the world of quilting. Bring your current projects in for assistance from the club members. Sewing machines are provided in the room as well as tall tables to cut your work. Membership and preregistration required.

Code	Day(s)	Date(s)	Time	Age
3506.131	F	Jan 6-Mar 31	9:00 am-12:00 pm	50+

Location: Orion Center, Art Room
 Fee: FREE



Mahjong Club

Let's play Mahjong at the Orion Center. Play with friends who can teach you all the game strategies. Like poker, you will learn a lot about your opponents as you play mahjong and adjust your strategy according to their strengths and weaknesses. Membership and pre-registration required.

Code	Day(s)	Date(s)	Time	Age
3560.133	F	Jan 6-Mar 31	11:00 am-3:30 pm	50+

Location: Orion Center, Game Room
 Fee: \$5

Meals On Wheels Drivers Needed

Volunteer drivers are desperately needed to deliver meals to homebound seniors in Orion and Oxford communities. Over 60 meals are delivered daily. Routes are available any day of the week and on weekends. 4-6 volunteers per day are needed. This is a great opportunity for families, church groups, students, civic groups, businesses, employees and retirees to assist homebound seniors by providing a daily hot meal. Call the Orion Center at 248.391.0304 x313 to volunteer for weekday meal delivery or 248.391.0304 x324 to schedule weekend meal delivery.



For field closures and other cancellations check our Hotline, 248.393.7040, cancellations.com or Facebook site, Orion Township Community Programs.

COMMUNITY LEAGUES

Phone: (248) 391-0304, Ext. 305 • Register On-line at www.oriontownship.org

2017 Adult Softball League

Fees due at the time of registration:

- Team Fee: \$275
- Non-Resident Fee: \$20 per non-resident player
- Refundable Forfeit Deposit: \$100

Umpire fees are \$20/team/game payable only in cash at the field. Game balls and ASA team registration are included in the team fee.

Definition of a RESIDENT player

1. A Resident player must either reside in Orion Township or Lake Orion or maintain full-time employment with an Orion business for at least 6 months. The burden of proof lies with each player.
2. Residency can be proven with any of the following documentation:
 - a. Copy of a driver’s license
 - b. Copy of a tax or utility bill listing the player as the homeowner or primary account holder.
 - c. A letter of employment from the Human Resources Department stating that the player has maintained full-time employment for at least 6 months with their business.

Minimum Roster Requirements

1. All players must be 18 or older to participate
2. All teams must turn in a roster with a minimum of 12 players to be considered a team at the time of registration
3. At least 50% of Coed team rosters must include female players
4. Rosters are limited to 20 players (including substitutes)



SUMMER LEAGUES

Open Registration begins Apr 10

- All team fees and forms are due at the time of registration
- Mandatory Manager’s Meeting May 8 at 7p.m.

Men’s Rec League

Limited to first 8 registered teams.

*Playoffs begin July 18

Code	Day(s)	Date(s)	Time	Age
9030.333	Tu	May 16-Jul 18	6:20-9:50 pm	18+

Location: Civic Center Park & Friendship Park

Coed Rec League

Limited to first 16 registered teams.

*Playoffs begin July 19

Code	Day(s)	Date(s)	Time	Age
9030.334	W	May 17-Jul 19	6:20-9:50 pm	18+

Location: Civic Center Park & Friendship Park



For field closures and other cancellations check our Hotline, 248.393.7040, cancellations.com or Facebook site, Orion Township Community Programs.



**Food Pantry & Medical Loan
Supply Equipment**

Remnant Project Ministries
Lake Orion Food Pantry

Please contact Rev. Dale and Patti Olsen
248.765.2233

531 E. Flint St. Lake Orion, MI 48362

Accepts donations and Donates
to seniors in need.

(Please call ahead for pick up or drop off)

Free Yoga and Zumba Classes!

Free Trail Yoga Classes!
Try it before you buy it.

Zumba Gold & Toning Class!
Try it before you buy it.

Thursday, January 19

Open Class 1500.121

Yoga with Ease Class 1500.122

Monday, January 23

Gentle Class 1500.121

Continuing Class 1500.123



Wednesday, January 18

Gold & Toning Class 1540.126



See Page 33 for more information.

See Page 34 for more information.

Please call 248.391.0304 x305 to register, spaces are limited



Charter Township of Orion
2525 Joslyn Road
Lake Orion MI 48360
Tel: (248) 391-0304
www.oriontownship.org

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In Person

DRAGON DASH

5K TRAIL RUN

SUNDAY, MAY 21

**SEE PAGE 25 FOR
ADDITIONAL INFORMATION.**

